Class	Strand /strand Unit	Content Objectives Consult curriculum for complete objectives in <u>Growing and</u> <u>changing</u> and <u>Taking care of my body</u>	Language	Pages in RSE Resource Materials Book	Pages in Walk Tall	Supplementary resources
Junior /Senior Infants	Myself Growing and changing Taking care of my body	Growing and changing ■ Become aware of new life and birth in the world ■ Develop an awareness of human birth Taking care of my body ■ Name parts of the male and female body using anatomical terms	womb breastfeeding penis vulva	New Life p68 My Body p147 Caring for new life p137 At the beach or swimming pool p.153	Our Amazing Bodies p94 (Senior Infants book)	 Anatomically correct dolls Picture books of new baby Visit of baby to class
First/ Second Class	Myself Growing and changing Taking care of my body	 Growing and changing Begin to understand that reproduction, birth, growth and death are all part of new life cycles Taking care of my body Name the parts of the male and female body using appropriate anatomical terms and identify some of their functions 	penis vulva vagina womb breastfeeding urethra	The Wonder of new life p59 /151 How my body works p67/ 161 Growing means changing p77/171 A Visit to the Doctor p.164	Our Amazing Bodies p37 (2 nd class book)	 Picture books of going to the doctors Tom's Power Flower Books / activities on Life cycles Birth and new life in nature
Third/ Fourth Class	Myself Growing and changing Taking care of my body	 Growing and changing Understand the physical changes taking place in both the male and female body Realise that changes do not occur at the same time but nonetheless are predictable and natural and that being different is normal Taking care of my body Recognise and discuss how feelings and emotions are affected by the physical changes that take place during puberty Discuss the stages and sequence of development of human baby from conception to birth 	Revise above umbilical cord changes in puberty menstruation	Preparing for new life p69 The wonder of new life p169 As I grow and change p93 Growing and changing p195	As I grow I change p175 (3 rd class book) Changing and Growing p140 (4 th class book) The Wonder of New Life p.150	 Body Systems Picture books on Growing and Changing
Fifth/ Sixth Class	Myself Growing and changing Taking care of my body	 Growing and changing Understand sexual intercourse, conception and birth within the context of a loving committed relationship Taking care of my body Identify and discuss the physical changes that occur in boys and girls with the onset of puberty and understand that these take place at different rates for everyone Understand the reproductive system of both male and female adults 	Revise above wet dreams Busy Bodies language semen sexual intercourse	My body grows and changes p81 The wonder of new life p92 Caring for new life p103 Different kinds of love p141	My Amazing body p345 (5 th class book) Creation p121 (6 th class book)	 Busy Bodies Power points recap Question Box Puberty Quiz