Monday 20th April	Tuesday 21st April	Wednesday 22nd April	Thursday 23rd April	Friday 24th April
Free play	**Free play**	**Free play**	**Free play**	**Free play**
Wake n shake – warm up dance to 'Shake your sillies out' by the Learning Station (On Youtube)	**Wake n shake** – warm up dance to 'Body Bop' by the Learning Station (On Youtube)	**Wake n shake** – warm up dance to 'Busy Feet it's warm up time' (on Youtube)	**Wake n shake** – warm up dance to 'The tofa tafa song little action kids' (on Youtube)	**Wake n shake** –'Jo Jingles – wind the bobbin up' on Youtube)
Outside play -Could bring water or sand play outside, bubbles/balloons or go for a walk (minimum an hour)	**Outside** play -Could bring water or sand play outside, bubbles/balloons or go for a walk (minimum an hour)	**Outside** – Could bring water or sand play outside, bubbles/balloons or go for a walk (minimum an hour)	**Outside** Could bring water or sand play outside, bubbles/balloons or go for a walk (minimum an hour)	**Outside** Could bring water or sand play outside, bubbles/balloons or go for a walk (minimum an hour)
Nursery rhyme: Tommy thumb – See specialedteacherireland Instagram – It's the second video on her IGTV	**Nursery rhyme** Tommy thumb – See specialedteacherireland Instagram – It's the second video on her IGTV	**Nursery rhyme:** Tommy thumb – See specialedteacherireland Instagram – It's the second video on her IGTV	**Nursery rhyme** Tommy thumb – See specialedteacherireland Instagram – It's the second video on her IGTV	**Nursery rhyme:** Tommy thumb – See specialedteacherireland Instagram – It's the second video on her IGTV
Gross Motor Skills: -Joe Wicks – P.E. with Joe on Youtube Preschool_teacher_ireland has a homemade obstacle course on her 'Covid 4' highlight on her Instagram page	**Gross Motor Skills:** -Joe Wicks – P.E. with Joe on Youtube Preschool_teacher_ireland has a homemade obstacle course on her 'Covid 4' highlight on her Instagram page –	**Gross Motor Skills:** Joe Wicks – P.E. with Joe on Youtube Preschool_teacher_ireland has a homemade obstacle course on her 'Covid 4' highlight on her Instagram page –-	**Gross Motor Skills:** Joe Wicks – P.E. with Joe on Youtube Preschool_teacher_ireland has a homemade obstacle course on her 'Covid 4' highlight on her Instagram page –-	**Gross Motor:** Joe Wicks – P.E. with Joe on Youtube Preschool_teacher_ireland has a homemade obstacle course on her 'Covid 4' highlight on her Instagram page –-

-Continue to work on throwing (could be at a target), catching, bouncing and kicking a ball -Long walk/jog (within 2km radius) -Could try balloon tennis – hitting and keeping them up)	-Continue to work on throwing (could be at a target), catching, bouncing and kicking a ball -Long walk/jog (within 2km radius) -Could try balloon tennis – hitting and keeping them up)	Continue to work on throwing (could be at a target), catching, bouncing and kicking a ball -Long walk/jog (within 2km radius) -Could try balloon tennis – hitting and keeping them up)	Continue to work on throwing (could be at a target), catching, bouncing and kicking a ball -Long walk/jog (within 2km radius) -Could try balloon tennis – hitting and keeping them up)	Continue to work on throwing (could be at a target), catching, bouncing and kicking a ball -Long walk/jog (within 2km radius) -Could try balloon tennis – hitting and keeping them up)
*Jigsaw & Fine Motor Skills- Cutting with scissors practice – check pre-k pages.com teach scissor cutting skills Colouring Pre-writing – continue with previous ideas or littlescribblersworld.com have some lovely busy bags for preschool. I would recommend 'left to write' and 'Sign here' for Cadan.	Jigsaw & Fine Motor Skills- Cutting with scissors practice – check pre-k pages.com teach scissor cutting skills Colouring Pre-writing – continue with previous ideas or littlescribblersworld.com have some lovely busy bags for preschool. I would recommend 'left to write' and 'Sign here' for Cadan.	Jigsaw & Fine Motor Skills- Cutting with scissors practice – check pre-k pages.com teach scissor cutting skills Colouring Pre-writing – continue with previous ideas or littlescribblersworld.com have some lovely busy bags for preschool. I would recommend 'left to write' and 'Sign here' for Cadan.	Jigsaw & Fine Motor Skills- Cutting with scissors practice – check pre-k pages.com teach scissor cutting skills Colouring Pre-writing – continue with previous ideas or littlescribblersworld.com have some lovely busy bags for preschool. I would recommend 'left to write' and 'Sign here' for Cadan.	Jigsaw & Fine Motor Skills - Cutting with scissors practice – check pre-k pages.com teach scissor cutting skills Colouring Pre-writing – continue with previous ideas or littlescribblersworld.com have some lovely busy bags for preschool. I would recommend 'left to write' and 'Sign here' for Cadan.

Continuing and making patterns – Pinterest have some lovely ideas for working on this. Could practice it with coloured lollipop sticks or some of his small toys or littlescribblersworld.com 'Off the chain' is a lovely busy bag to work on patterns.	Continuing and making patterns – Pinterest have some lovely ideas for working on this. Could practice it with coloured lollipop sticks or some of his small toys or littlescribblersworld.com 'Off the chain' is a lovely busy bag to work on patterns.	Continuing and making patterns – Pinterest have some lovely ideas for working on this. Could practice it with coloured lollipop sticks or some of his small toys or littlescribblersworld.com 'Off the chain' is a lovely busy bag to work on patterns.	Continuing and making patterns – Pinterest have some lovely ideas for working on this. Could practice it with coloured lollipop sticks or some of his small toys or littlescribblersworld.com 'Off the chain' is a lovely busy bag to work on patterns.	Continuing and making patterns – Pinterest have some lovely ideas for working on this. Could practice it with coloured lollipop sticks or some of his small toys or littlescribblersworld.com 'Off the chain' is a lovely busy bag to work on patterns.
Story – Any of the previous recommended ones or any picture book you have at home. 'The Gingerbread man' is also a nice repetitive one. Again if you have any suitable props at home to accompany the story – could use an old pillow case as a story sack.	**Sensory play:** Spring sensory box- collect some items on a walk – flowers, leaves, daisies, twigs etc. Pop them into a container of water with a spade, tongs, funnel. Pinterest have some lovely ideas for Spring themed Sensory Boxes	**Story** (Same story as Monday – repetition is key.)	**Music:** Spring songs on Youtube -Barefoot books: Over in the meadow -Spring songs for children – Spring is here with lyrics – kids songs by the Learning Station -Spring songs for children - Spring is here with lyrics – Kids Spring playlist – The Learning Station	***Art:** (see picture below) Spring tulips – fork printing with paint

- Some additional things that you could work on with Cadan are sorting and matching numbers, identifying numbers 1-10 (5 little monkeys, Alice the camel, 5 little speckled frogs, 10 green bottles are helpful rhymes for this). The 'Monkey balance' game is nice and is available on Amazon, placing numbers in order (could write big numbers on paper plates and get him to put them in order) or filling in missing numbers in a sequence.

- Work on his turn taking skills with simple and fun board games e.g. hungry hippos, pirate pop, connect 4, buckaroo or Ker Plunk.

- Practice life skills every day e.g. brushing teeth, getting dressed, opening and closing buttons, zipping coats, washing hands, drinking from a sports bottle, tidying up after himself etc.

- Exercise and play – **Really** important. Get outdoors as much as possible.

- Bakerross.co.uk have some lovely art and craft bits – e.g. The dotty sticker art or Scratch art

(Friday's art)